

Ballroom Dancing is Back!

LEARN TO "DANCE LIKE THE STARS"
(AND BURN CALORIES DOING IT)

"I'm moving
I'm touching
I'm dancing...
and I love it!"



Lee Terry
Ballroom Dance
Instructor

Date: Wednesday, starting September 7th
Thursday, starting September 8th
Friday, starting September 9th

Time: 7:00 Thursday or 6:00 Friday, **Beginners**
8:00 Wed., 8:00 Thurs. or 7:00 Fri., **Advanced Beginners**
7:00 Wednesday or 8:00 Friday, **Intermediate**
Missed classes can be made up on the alternate day.

****Length: 8 weeks (one hour per week)**

Attire: Comfortable!

Place: Healthtrax Fitness & Wellness
250 Faunce Corner Road
No. Dartmouth, MA 02747
(508) 999-2171

Instructor: Lee Terry

Cost: \$35 per person for members
\$45 per person for nonmembers
****Partners are required****

BEGINNERS

Basic steps in Waltz – Fox Trot – Swing – Cha Cha

ADVANCED BEGINNERS

Advanced steps in Beginner dances plus Rumba & Tango

INTERMEDIATE

Advanced steps for Beginner & Adv. Beg. dances plus Merengue, Mambo, Samba, Salsa & West Coast Swing
Gain better understanding of timing and the character of the dance

Instructor's approval
needed to join Adv.
Beginner &
Intermediate classes

New Dance:
LINDY!

Due to popularity of classes, please register ASAP & return with payment to Healthtrax
in person or by mail – Attention: Ballroom

Name _____ Partner _____

Address _____ City _____

State _____ Zip Code _____ Phone # () _____

Email address _____ Member - \$35 Nonmember - \$45 (per person)

NO CASH PLEASE Credit Card # _____ Exp. _____

Name on Card _____ Signature _____

Class Day _____ **Time** _____

Circle One: Beginner Advanced Beginner Intermediate

Waiver: I hereby, for myself, heirs, executors & administrators, waive and release any and all rights and claims I may have against Healthtrax and its employees for any and all injuries my partner or myself may suffer in connection with this program or use of facilities. Signature _____